



AMERICAN CANCER SOCIETY
SAVE THE DATE
CORPORATE WELLNESS FORUM

**AMERICAN CANCER SOCIETY
CORPORATE WELLNESS FORUM
GREATER HOUSTON
TUESDAY AUGUST 29, 2017**

Gulf States Toyota/The Friedkin Group
1375 Enclave Parkway
Houston, TX 77077
11:30 AM - 2:00 PM



PLEASE JOIN US ON TUESDAY AUGUST 29, 2017!

Join us as local business leaders share best practices in corporate health and wellness. The event is free and lunch will be provided.

Interactive Panel:

Our panelists will guide discussions on

- engaging field locations in wellness programming
- maximizing relationships with your healthcare provider and benefits broker
- moving towards a multi-faceted wellness program focused on total employee well-being

Panelists for the forum discussion:

- Ted Barral (*The Friedkin Group*)
- Tricia Payne (*BHP Billiton*)
- Todd Ramos (*Krauter & Company*)
- Charlotte Vargo (*Baylor College of Medicine*)

Visit houstonwellnessforum.com to register, learn more about our panelists, and see the event schedule.

Questions? Shayla.Clift@cancer.org.



*Thank you to our 2017
Corporate Wellness Forum Committee:*

Angela Boudreaux, Huntsman Corporation

Anita Bascom, Medifit/Sysco Corporation

Erin Milliken, Ascende

Evan Thoman, M.D. Anderson

Gabrielle Baumeier, Reason2Race

Janice Porter, McKesson Specialty Health

Karen Griebe, Rockwater Energy

Kelly Armstrong, Fort Bend County

Kiendra Woods, Exos

Melanie Lindstrom, Fluor

Nick Lacy, Rockwater Energy

Sarah Acosta, Harris County

Stacey Bader, The Friedkin Group

Susan Arp, Huntsman Corporation

Tracey Tsitso, CB&I

Victoria Spencer, Harris County



American Cancer Society Corporate Wellness Forum

Program

11:30 a.m. Registration/Lunch Begins

12:00 p.m. Program begins

12:10 p.m. Keynote Speaker: Myths within Corporate Wellness Programming

12:45 p.m. Interactive Panel Discussion

Topic #1: Targeting non-HQ field offices (field offices, employees without internet access, contractors)

Topic #2: Maximizing your relationship with your healthcare provider/benefits broker (shared budgets, consumerism education, what's available in your plan)

Topic #3: Employee Total Well-Being (creating a multi-faceted plan to include cancer screening and prevention, mental health, financial health, ergonomics, health programming, etc.)

1:45 p.m. Workplace Health Assessment tool from the American Cancer Society

1:50 p.m. Awards

2:00 p.m. Closing remarks